

**October 7, 2011 FOR IMMEDIATE RELEASE**

**FOGO Lacrosse, Inc. Announces Four Winter Camp Dates For 2012**

BALTIMORE CITY, MARYLAND - October 7, 2011 - FOGO Lacrosse, the world's premier lacrosse specialty skills face-off camp, announced their Winter Face-Off Camp and Clinic schedule on their website this week. The schedule includes two additional winter offerings in 2012, building on their two camps from last year.

FOGO Lacrosse will kick off 2012 with a clinic in Rancho Palos Verdes, California the third weekend in January which is to be followed a week later by its first of three camps located at Gerstell Academy in Finksburg, Maryland in January and February. The camp and clinic schedule detail as well as links to the brochure and registration forms are below.



Camps will be run by Alex Smith and David Tamberrino and will utilize their popular format of both face-off technique instruction as well as heavy face-off competition to help attendees be whistle-ready for the 2012 season. The instruction will range from the basics to the most advanced face-off techniques currently being used in college and at the professional level. Additionally, attendees will be taught Alex's signature pinch 'n' pop technique that helped him create offensive fast breaks and scoring opportunities throughout his career.

The expansion to California is significant for FOGO Lacrosse and will improve the skill level of more players out West. "In the past four years, we have seen many attendees traveling from Idaho, Oregon, Colorado, California, Utah... we even had two guys from Japan this past summer," exclaimed Alex Smith, former Blue Hen, current professional lacrosse player, 2010 USA World Team face-off man, and co-founder of FOGO Lacrosse. "Expanding our instruction geographically makes sense for helping grow both the sport and the technique of face-off men at the high school and youth levels."

Palos Verdes head lacrosse coach Jimmy Borell, a former University of Maryland Terrapin and professional lacrosse player, said, "this will be a tremendous opportunity for both myself and local players to learn from one of the game's best players without having the additional cost of traveling back East. The instruction that the players will receive will far exceed my teachings of highlight reel big hits or how to 'hot pizza' during a face-off situation."

Additional expansion to Florida is being strongly considered. "We would love to partner with a local high school coach in the Orlando area this coming winter," explained David Tamberrino. "If a local coach wants to help us get off the ground in that area we would be ecstatic."

## Clinic and Camp Details

2012 Winter Clinic and Camps will each be two days in duration on the following weekends and at the following locations:

**California FOGO:** January 21st & 22nd; Palos Verdes High School, Rancho Palos Verdes, California

**Winter FOGO I:** January 28th & 29th; Gerstell Academy, Finksburg, Maryland

**Winter FOGO II:** February 11th & 12th; Gerstell Academy, Finksburg, Maryland

**Winter FOGO III:** February 18th & 19th; Gerstell Academy, Finksburg, Maryland

The California clinic will run from 9am to 5pm on both Saturday and Sunday at Palos Verdes High School in California and will be limited to 32 attendees. The clinic will take place both on the school's grass fields as well as its turf field, giving attendees additional experience with both surfaces.

The three camps to be held at Gerstell Academy will begin at 9am on Saturday and end at 4pm on Sunday to help allow for airport travel. For day campers, Saturday will wrap up at 6pm and Sunday will begin at 9am. Overnight attendees will stay at a local hotel. Camps to be held at Gerstell Academy will be limited to 50 attendees.

Clinic and camp brochures:

[http://www.fogolacrosse.com/Cali-Jan---Brochure\\_12.pdf](http://www.fogolacrosse.com/Cali-Jan---Brochure_12.pdf)

[http://www.fogolacrosse.com/Winter\\_Camp\\_Brochure\\_12.pdf](http://www.fogolacrosse.com/Winter_Camp_Brochure_12.pdf)

Clinic and camp registration forms:

<http://www.fogolacrosse.com/California---Registration.pdf>

[http://www.fogolacrosse.com/Camp\\_Registration.pdf](http://www.fogolacrosse.com/Camp_Registration.pdf)

For any questions regarding camps or clinic, please contact David Tamberrino at [dtamberrino@fogolacrosse.com](mailto:dtamberrino@fogolacrosse.com).

